



# Quick tips for your next interview

A job interview is an opportunity to share information and, demonstrate your personal attributes, strengths and personality.



It takes less than

# 1 second

To make a First impression

## Make your first impression great

- Be Prepared
- Be a STAR
- Be Your Best Self

## Be Prepared

Being prepared can help you convince the interviewer that you're the best candidate and help increase your potential to get invited to the next round.



### Prepare for the *WEAKNESS* question

Its about how self aware you are of your weaknesses and the steps you take to overcome them.



### 1 ½ - 3 minutes answers

Your answers should be insightful, concise and not too long. Remember, the interviewer can always ask follow up questions.



### Explain yourself, what did you do?

Be ready to explain past job changes in a positive light and provide examples of your work.

Consider the work you've done that shows you have the experience doing the work which relates to the job advertised.



## Be a STAR

Frame and practice your answers using the STAR framework. Its a great technique to help your interviewer quickly understand all the great things you've achieved.

Situation	What was the <b>Situation</b> in which you were involved?
Task	What was the <b>Task</b> you needed to accomplish?
Action	What <b>Action</b> did you take to address the situation?
Result	What was the <b>Result</b> of your action(s)?

## Be Your Best Self

In an interview, always act like you want the job and when answering questions think positively, be concise, authentic and confident.



### Body language is important

Great body language can project your confidence. Poor body language, at best, can be a distraction or, at worst, a reason to not invite you to the next round.



### Ask questions. Interviews are a two-way street

Hiring Leaders want to know that you're thinking seriously about what it would be like to work in their team... so ask them questions.



### Work your way through the question

Your thought process is often just as important as answering correctly, so if you get stuck, explain what you're thinking.

Sources:

- [How many seconds to a first impression](#)
- [Psychometric Institute - Interview tips](#)
- [Indeed - Job Interview Tips - how to make a great impression](#)
- [Experis - Job interview tips](#)
- [LiveScience - Mind Limit](#)

These insights are based on best practice guides published by job interview specialists. To learn more click on the sources listed.